**Abstract: The Art of Design Season 1 Ep 1**

**Name of Student**

**Institution**

The episode features Christoph Niemann who takes viewers through his value for abstraction and creativity in his work. According to Christoph, he uses abstraction to connect with his viewers in every new and creative way that he adopts. Abstraction helps to get rid of anything that is not essential in making a point. The viewers are taken through a journey of abstraction in the works that Christoph Niemann develops. To generate creativity in his work, Niemann suggests that one has to get inspiration from their daily experiences. He describes the problems that he faces by always starring at a piece of paper trying to come up with something and beating deadlines. He says that this is draining but still gives him enough stimulus to be better in his work. He gives a difference between work that is ultra-realistic and an abstraction. A realistic work is close to the real objects that we see around. The abstraction enables the artist to make sense of the real objects. For example, unlike the disgusting display of him brushing his teeth, he prefers to use abstraction as it reduces the embarrassing side of the real life scenario. The muffling voice of the adults can also be made better through abstraction. Every idea needs details. For example, in forming a heart graphic, a square abstract would not portray the right idea as it is supposed to be.

The episode provides great insight on abstraction and creativity that I can apply in my works. By making practice part of me as an artist, I can always perfect the skill. His idea of setting deadlines and working under such stimulus is worth coping. Daily experiences are an inspiration to some of the most creative works that Niemann developed. Borrowing from that, I find it thrilling to also walk around and watch the occurrences around in slow motion so that I can decipher detailed elements, separate them and reorganize them to produce something meaningful.